

3rd Week of Lent -

*A time for
Prayer, Fasting, Giving...*

Celebration of

Prayer Theme -

the Word

Community

L E N T

*We begin with
the sign of the cross...*

*In the name of the
Father, and of the
Son and of the
Holy Spirit.*

AMEN



We take a moment to welcome
stillness and silence...

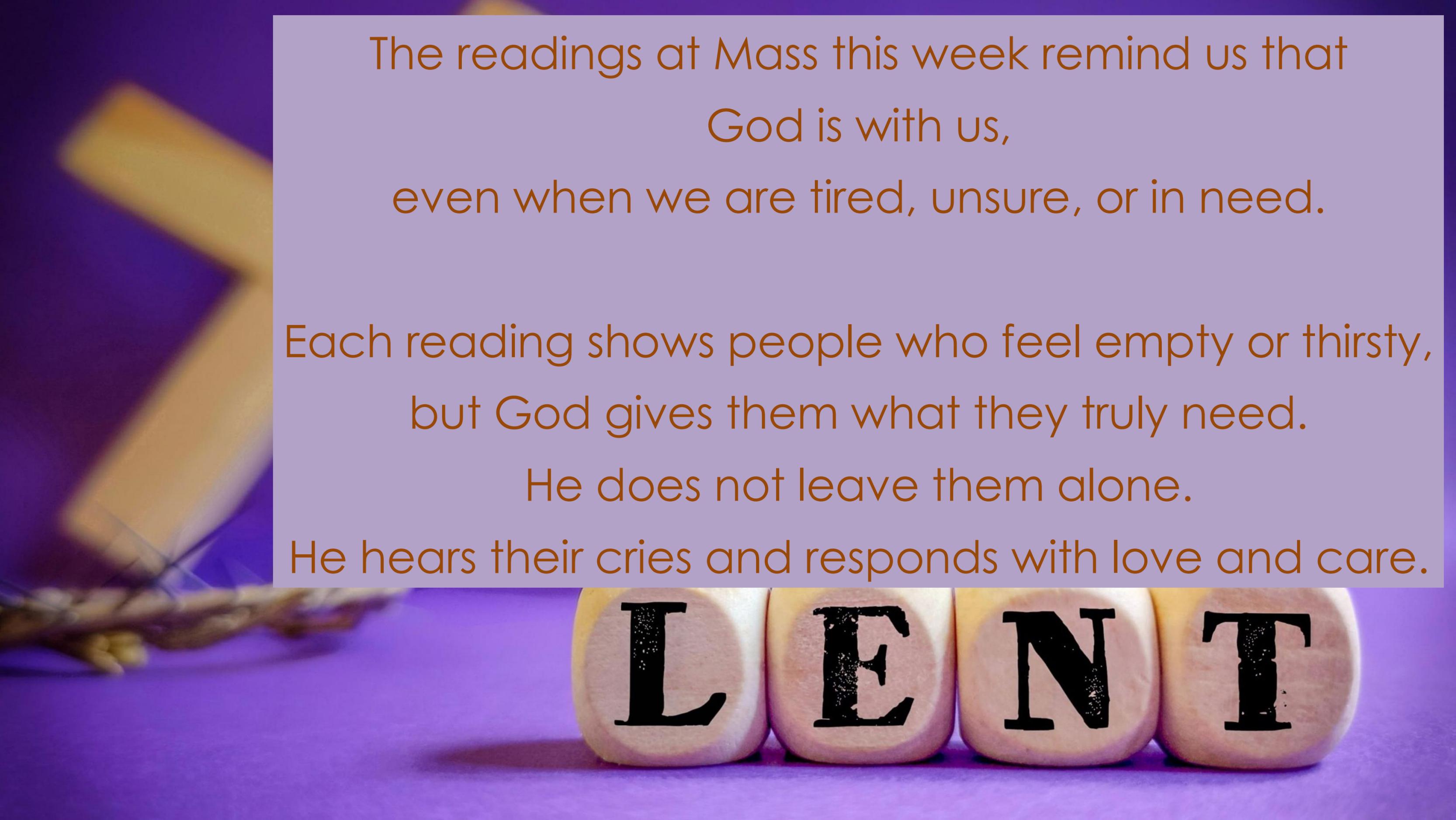
Allow the distractions and
anxieties fade into the
background...

WE GATHER

Our prayer theme this week is

Community.

- I wonder what that means to you...
- I wonder which different communities you belong to...
- I wonder who God has placed around you in your communities...

A wooden cross is positioned on the left side of the image, set against a solid purple background. The cross is made of light-colored wood and is slightly out of focus. The main text is centered on a white rectangular background that overlaps the purple background.

The readings at Mass this week remind us that
God is with us,
even when we are tired, unsure, or in need.

Each reading shows people who feel empty or thirsty,
but God gives them what they truly need.

He does not leave them alone.

He hears their cries and responds with love and care.

L E N T

A wooden cross and a crown of thorns are positioned on a purple background. The cross is made of light-colored wood and is slightly out of focus. The crown of thorns is made of dried, spiky branches and is also slightly out of focus. The text "WE LISTEN TO THE WORD OF GOD" is centered in a dark brown, serif font.

WE LISTEN TO
THE WORD OF GOD

L E N T

A reading from the Holy Gospel according to John (4:5-15).

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water.

Jesus said to her, "Give me a drink."

His disciples had gone into the town to buy food.

The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" – For Jews use nothing in common with Samaritans.

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink, ' you would have asked him and he would have given you living water."

The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?"

Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life."

The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water."

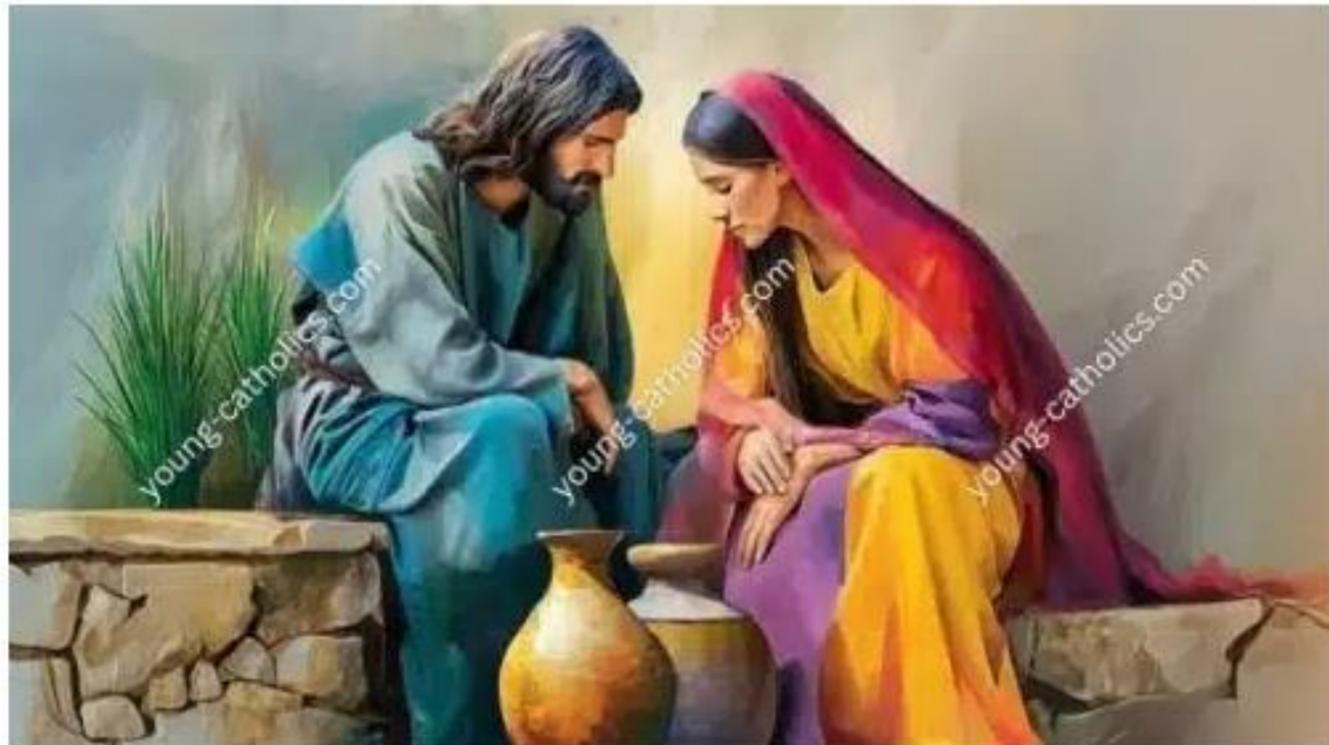
The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

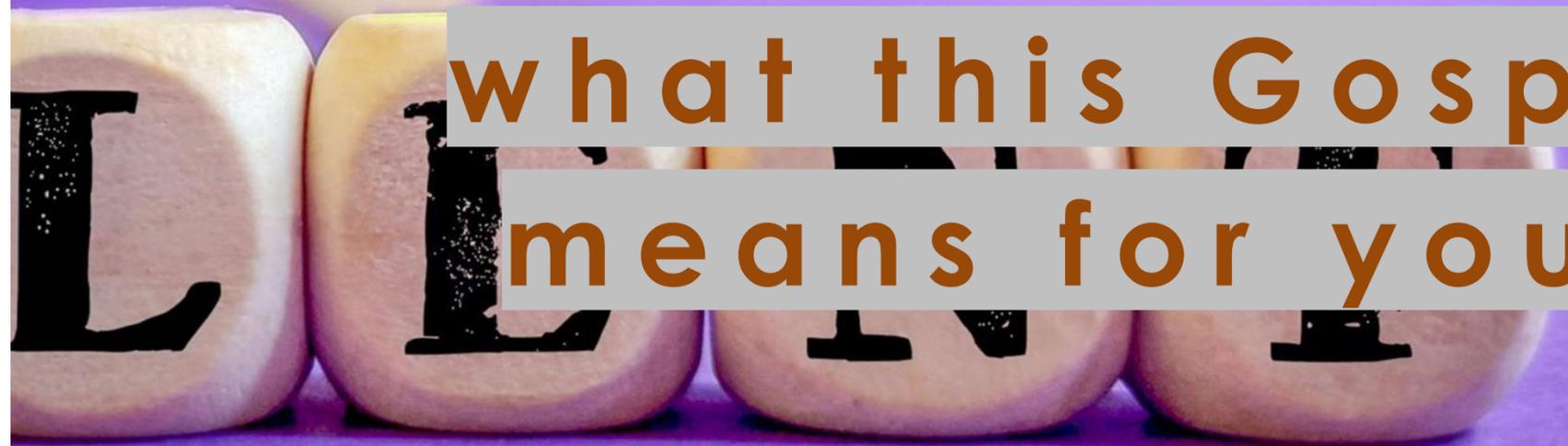
WE RESPOND

Reflect on the
Gospel today...

Take a moment to build a picture
of the scene in your mind...



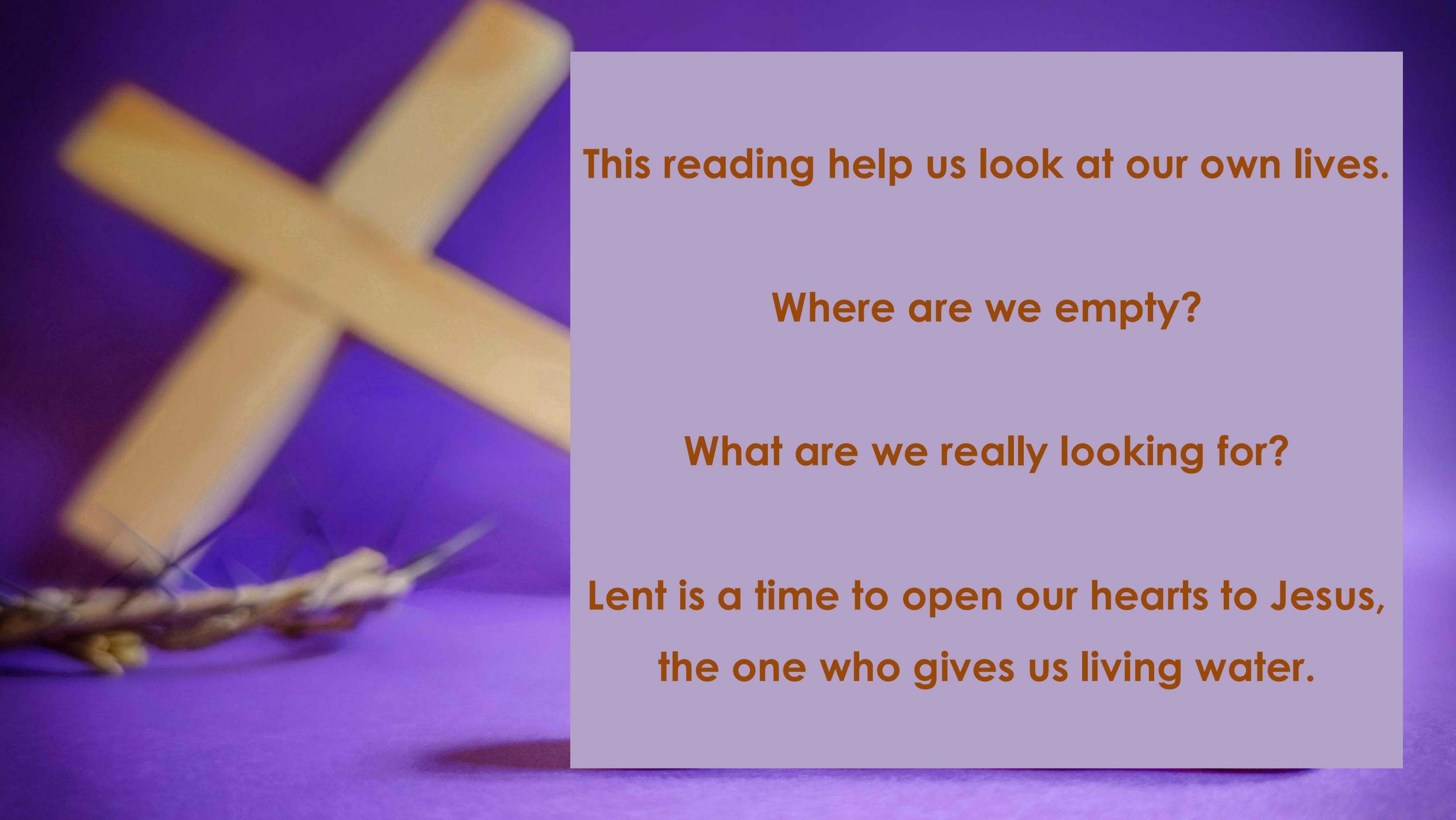
I wonder
what this Gospel
means for you...



The Gospel this week tells us the story of the Samaritan woman at the well. Jesus talks with her and offers something much greater than ordinary water.

He gives her hope, truth, and new life. She leaves changed, ready to share what she has found.

L E N T

A wooden cross and a crown of thorns are positioned on the left side of the image against a purple background. The cross is made of light-colored wood and is slightly out of focus. The crown of thorns is made of dark, sharp thorns and is also slightly out of focus. The text is overlaid on a semi-transparent white box on the right side of the image.

This reading help us look at our own lives.

Where are we empty?

What are we really looking for?

**Lent is a time to open our hearts to Jesus,
the one who gives us living water.**

See how a heart-to-heart moment with someone can build community...



"But be **kind** and **love**, for

love

is your first gift to
the poor.

A wooden cross and a crown of thorns are positioned on the left side of the image against a purple background. The cross is made of light-colored wood and is slightly out of focus. The crown of thorns is made of dried, spiky branches and is also slightly out of focus. The purple background is a solid, vibrant color.

**During Lent we are called to
turn back to God through
doing three things...**

PRAYER

FASTING

GIVING

L E N T



Self-Giving to build community

During Lent the Faith in Action Team have created a space for conversations; a Talking Table that anyone can drop in at for a conversation, for friendship, for time to be listened to.

The Talking Table will be available at breaktimes near the courts.



Let us pray ... Dear God,

Thank you for the unity that you give us through your Son, Jesus Christ. We praise you for including each of us in your plan. We pray to be open to your Word, so we do your work willingly and build a thriving community where all are valued and included.

For the times we drift away from you we are sorry.

During this season of Lent, we pray that we will grow closer to you through the example of your Son, Jesus Christ.

Amen.

St Augustine, pray for us.

St Cuthbert, pray for us.

We Go Forth...

MISSION

- How will your form support our school Lent Appeals for the Rainbow Centre and the Big Lent Walk for CAFOD?
- How could you support the Talking Table?



PRAYER

FASTING

GIVING

What will YOU do...?

We close our time of
prayer with the sign of
the cross, you
take this gift of
the Father, the Son and the
Holy Spirit, Amen.



*Thank you to Delilah, Maja and Orianna
from 7L for preparing this
Celebration of the Word.*

L E N T



L E N T