



Daily Prayers

Monday 8th September

23rd Week of Ordinary Time: *Prayer Theme this week* - CONFIDENCE


CST Theme:
CARE FOR CREATION



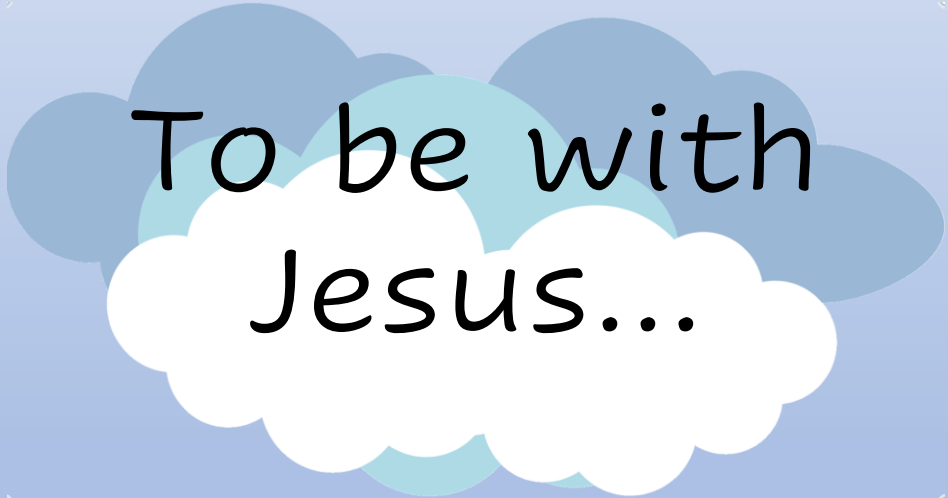
"For the body is not one member, but many."
(1 Corinthians 12:14)



Be Still...



Calm your
mind...



To be with
Jesus...



Take time...



The 'Word'

Monday 8th September

23rd Week of Ordinary Time: CONFIDENCE

CST Theme:
CARE FOR CREATION

The Gospel – Luke 14:25-33

Great crowds were travelling with Jesus, and he turned and addressed them, “If anyone comes to me without hating his father and mother, wife and children, brothers and sisters, and even his own life, he cannot be my disciple. Whoever does not carry his own cross and come after me cannot be my disciple.

Which of you wishing to construct a tower does not first sit down and calculate the cost to see if there is enough for its completion? Otherwise, after laying the foundation and finding himself unable to finish the work the onlookers should laugh at him and say, ‘This one began to build but did not have the resources to finish.’

Or what king marching into battle would not first sit down and decide whether with ten thousand troops he can successfully oppose another king advancing upon him with twenty thousand troops? But if not, while he is still far away, he will send a delegation to ask for peace terms.

In the same way, anyone of you who does not renounce all his possessions cannot be my disciple.



Understanding the Gospel:

This week's Gospel reminds us that following Jesus is not always easy. He asks for more than quick prayers or kind words. He calls us to **put him first**, even before family or friends. That can be hard to hear. But Jesus wants us to know what we're saying yes to. He wants us to think carefully and choose with open eyes. Jesus says we must carry our cross. He uses examples like building a tower or planning a battle. These things take thought and care. Faith is like that too. It takes real commitment. It asks for trust and strength.



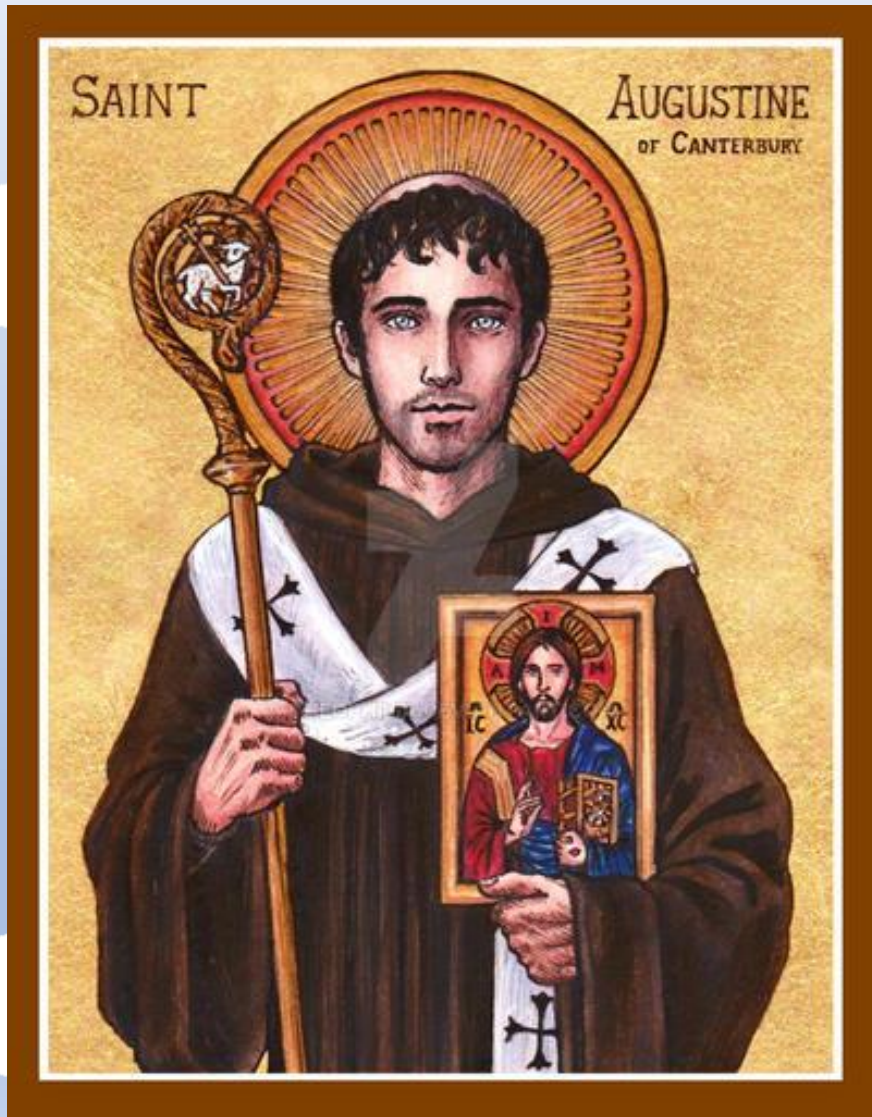
The 'Word'

Monday 8th September

23rd Week of Ordinary Time: **CONFIDENCE**

CST Theme:

**CARE FOR
CREATION**



Let us pray...



**I wonder... do I
put Jesus above
other things in
my life?**

Almighty God,
by the preaching of St
Augustine of Canterbury,
you led the people of
England to the gospel.
Grant, we pray, the grace to
love and serve through
Christ.

In imitation of our great
patron, may we do so in a
spirit of love, respect, service,
joy, and responsibility.

Amen

St. Augustine, pray for us.
St Cuthbert, pray for us.

We prepare to close
our time of prayer
together.



We close our time of
Jesus. help us to
prayer with the sign of
take this peace
for the gift of
with us
In the name of the
Father, the Son and the
Holy Spirit, Amen.

Chaplaincy Notices

What's on this week?

Write these in your planner:



• Monday - **Rosary** in the Chapel - 12.30pm

•

• Tuesday - **Faith in Action Team** – B3 - 12.40pm –
bring your lunch – meet and eat!

• Wednesday – **Grace Notes-** Bible Study with Mr
Edwards – B3 – 12.40pm

• Friday – **Lectio Divina** in the chapel at 12.30pm.
ALL ARE WELCOME!

Catholic Feast days this week

Monday 8th September

Nativity of the Blessed Virgin Mary

This is the feast of the Nativity of the Blessed Virgin Mary — Mary's birthday!

God's gift of His Son to humankind was preceded by another precious gift — the gift of the Mother of His Son. Mary's parents were St Anne and St Joachim. They had long awaited a child so were overjoyed with the birth of a daughter.

Every Day in Chaplaincy –

- Visit the chapel and spend time in the presence of Jesus.
- Write a prayer request.
- Do the prayer station.





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Tuesday 9th September

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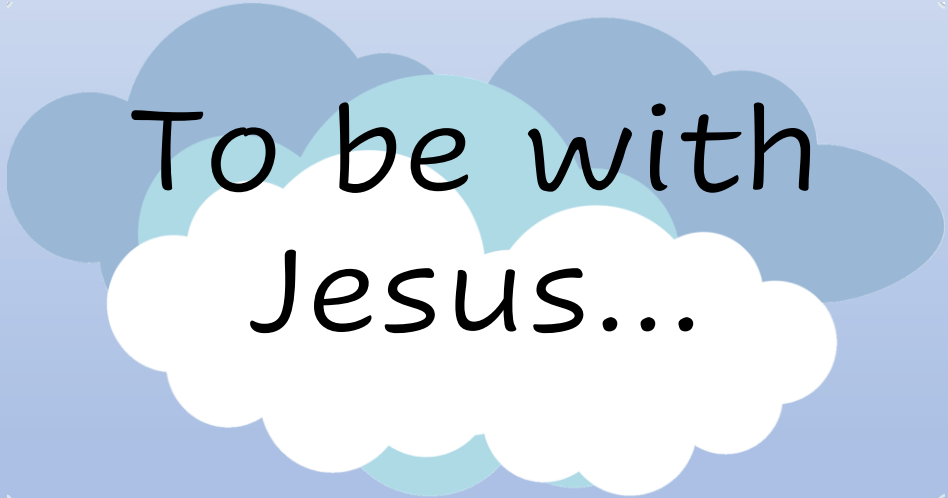
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Seasons Tuesday

Tuesday 9th September
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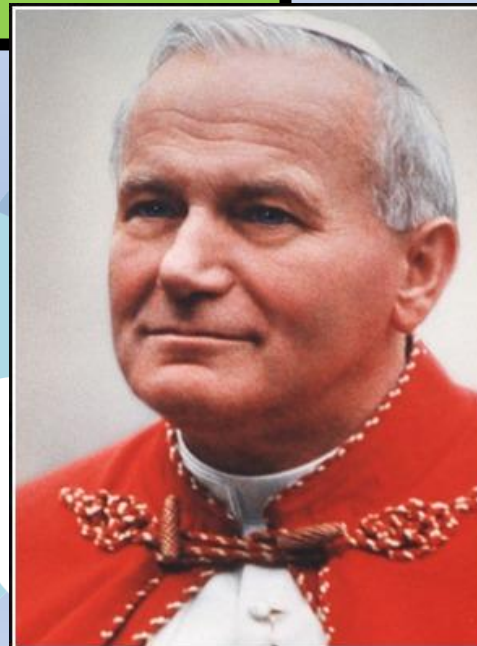
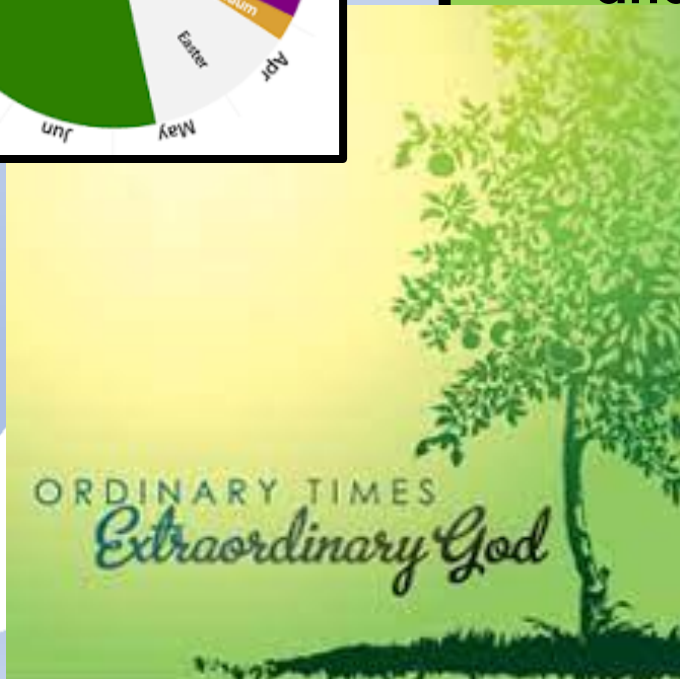
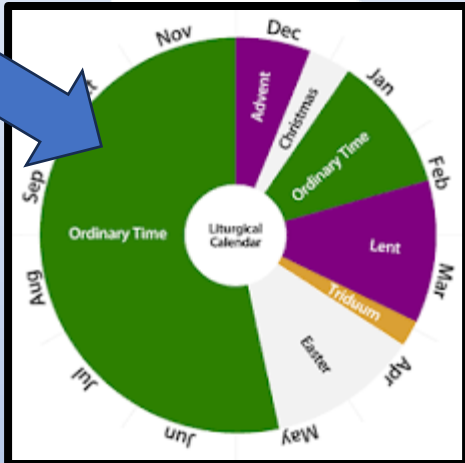
CST Theme:
CARE FOR CREATION

We are in the church season called 'Ordinary Time'. During Ordinary Time we celebrate Jesus' teaching and ministry. It gives us time to reflect on how we live as Christians. It is a time to learn and grow in our faith.

Let us pray...



Lord Jesus,
we ask that You give us an unwavering
and sure confidence in who we are
and know that You are always walking
with us through our days.
Amen



Have no fear of moving into the
unknown. Simply step out fearlessly
knowing that I am with you,
therefore no harm can befall you; all
is very, very well. Do this in
complete faith and confidence.

*Quote from Pope John Paul II
(1920-2005)*

We prepare to close
our time of prayer
together.



We close our time of
prayer with the sign of
the cross. Jesus help us to
take this peace
for the gift of
with us
In the name of the
Father, the Son and the
Holy Spirit, Amen.



Daily Prayers

Wednesday 10th September

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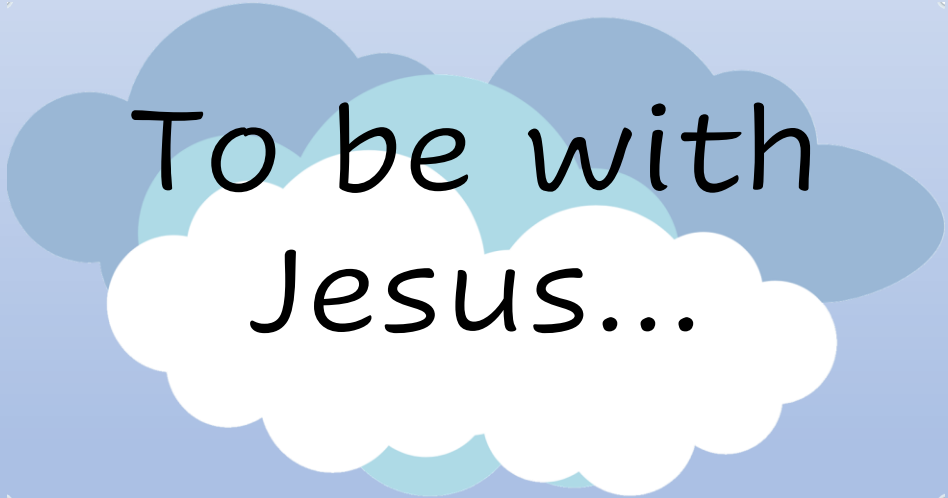
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CST Wednesday

Wednesday 10th September
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CST Theme:
CARE FOR CREATION

Our Catholic Social Teaching theme this half term is Care for Creation.

- Imagine you bought a gift for someone.
- You chose it carefully, you wrapped it beautifully and you gave it graciously.
- Then your gift was dropped, stepped upon and then thrown away.

I wonder how you would feel? ...

- Well, that's the idea behind caring for creation.
- God has given us this beautiful and gracious gift.
- It is up to us to care for it and respect it and to reverence it for the gift that it is.

*I wonder how you care for
God's creation – this gift he has
given to us so freely...*

Let us pray...



*'The place on which you are
standing is holy ground.'*
Exodus 3:5

Thank you God,
for all the beauty and wonder of
this world; your gift to us.

May we, in recognising your
Word made flesh in us,
treat ourselves,
one another
and all creation
with the same reverence and
consideration with which you
embrace all that is.
Amen.

St Augustine, pray for us.
St Cuthbert, pray for us.

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our time of prayer
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prayer with the sign of
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Daily Prayers

Thursday 11th September

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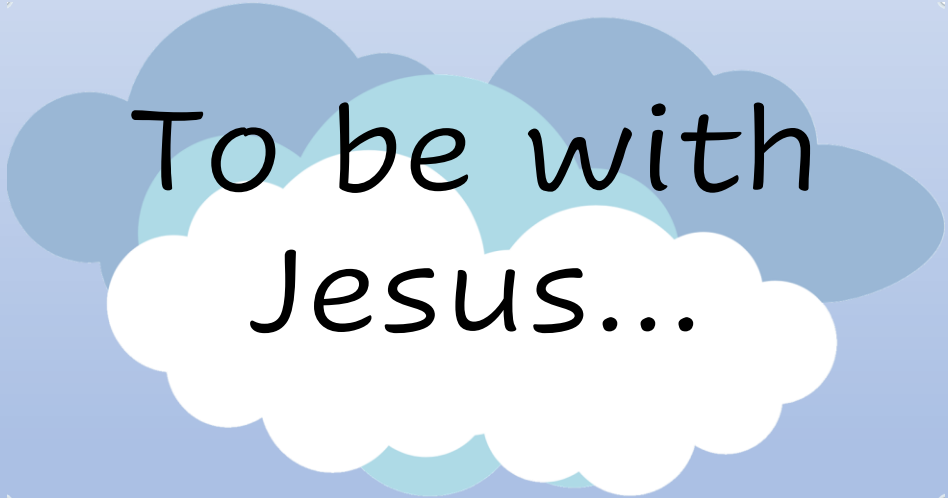
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Scripture Thursday

Thursday 11th September

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Scripture of the Week:

Read the scripture →

- Take a moment to let these words from this week's gospel enter your heart...

Read the scripture →

- *I wonder what God is saying to you through these words?*

Read the scripture →

- *I wonder which word you will take with you today?*

Whoever does not carry his own cross and come after me cannot be my disciple.

Luke 14:27



Let us pray... 

In honour of Monday's Feast of the Nativity of the Blessed Virgin Mary we say...

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst
women
and blessed is the fruit of
thy womb, Jesus.

Holy Mary,
Mother of God,
pray for us sinners,
now and at the hour of
our death.

Amen

Holy Mary, Mother of
Christ,, **pray for us.**
St Augustine, **pray for us.**

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our time of prayer
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We close our time of
prayer with the sign of
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Daily Prayers

Friday 12th September

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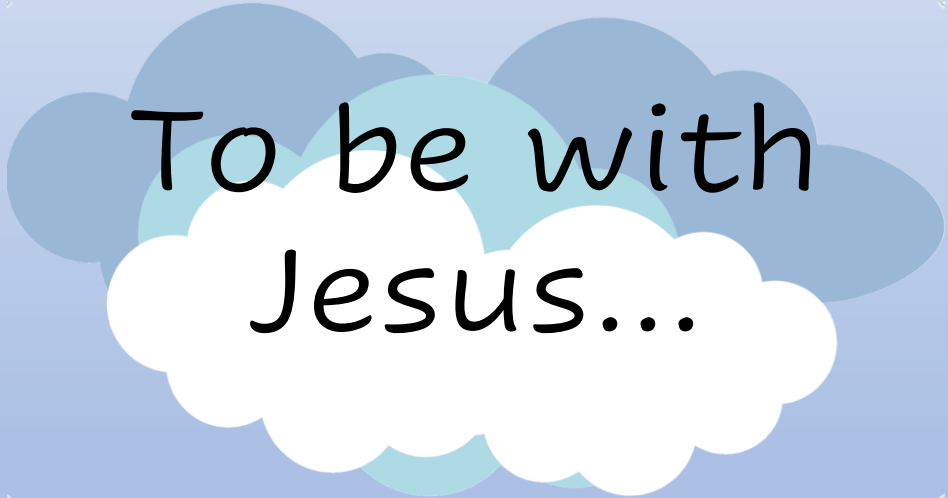
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Examen Friday

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1. Be Still

Take a few moments to be quiet and place yourself in God's presence.

Prepare

Place your hands together, you can put your head on the desk if you wish! As you listen to the music reflect on the five stages.



2. Give thanks

Look over the past week and give thanks for all the good things that have happened. Where did you see God's presence in your life this week?

3. Reflect

Be honest about your day and the rest of this week.

Are you happy with the way it has gone?

5. Hope

Look with hope towards the next week trusting in God's plan for you. Remember *YOU* are loved.



4. Pray

Ask God to guide you by turning to Him confidently placing all your hopes and concerns into His hands, knowing and trusting His plan for your life.

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our time of prayer
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