

Daily Prayers

Theme:
Christian Unity
2nd Sunday in
Ordinary Time

19th – 23rd
January



Daily Prayers

The Word

2nd Sunday of Ordinary Time

Christian Unity

Monday 19th

January





Today we will hear from the First Letter to the Corinthians by St. Paul.

'I appeal to you...by the name of our Lord Jesus Christ, that all of you agree, and that there be no divisions among you, but that you be united in the same mind and the same judgement.'

In this scripture, what do you hear?

Saint Paul wrote to the people of Corinth during a time of great divide. The people were struggling to bring together their religious and cultural differences. People who lived there had come from Greece, Egypt, Italy and many more countries. Each person brought different traditions, religions and practices. The early Christian Church was trying to navigate all of these values and bring some order. It was difficult, just like it is today, trying to make sure everyone has their voice heard.

Saint Paul tells us to come together, to find common ground to become a stronger community: that when they work together, peace and harmony will become the norm, instead of the exception.

Loving God,

You have called us to unity.

May our response to Your call lead us to actively seek justice and reconciliation and share Your light with the world.

We ask this through Your Son, Jesus Christ,

Amen.



Chaplaincy Notices

This week:

Monday	Tuesday	Wednesday	Friday
 FIAT meet and eat together - 12.40pm - B3	 Rosary 12.30pm - Chapel	 Grace Notes - Mr Edwards 12.40pm - B3	 Mass/Lectio Divina 12.30pm - Chapel

Notices

January is the month of the Holy Family.

Our prayer station calls for blessings upon our homes and families. Come and add your house number to our prayer wall.

CST Theme

Preferential Option for the Poor

Feast days this week

Saturday 24th January
St Francis de Sales

St Francis insisted that every Christian was called to holiness in their own way, whether they became a monk, sister, priest, married or lived alone.

He also encouraged people to dance and tell jokes as the Church is a living community.

Daily Prayers

Seasons
2nd Sunday of Ordinary Time
Christian Unity

Tuesday 20th

January







Every year we celebrate
Christian Unity Week.

This year the Christian Unity theme is
'One Body, One Spirit'.

These are the words of Saint Paul, reminding us that Jesus came for everyone, bringing us all together.

Unity sits at the core of our Christian identity. It represents the essence of the Church, a oneness of our life with Christ even though we are all unique individuals.

Unity is central to our mission and is sustained by the profound love of Jesus Christ who gave us a unified purpose.

By living in unity, we not only witness the love and power of Jesus, but we also embody the essence of His teachings.

We use this week to support one another and celebrate our diverse gifts and talents.

Lord Jesus Christ,

You show us how to be patient with one another in humility and gentleness.

May the light You shine on our path lead us towards unity and help us heal the wounds of division and indifference that often break communities apart.

Amen.



Chaplaincy Notices

This week:

Monday	Tuesday	Wednesday	Friday
 FIAT meet and eat together - 12.40pm - B3	 Rosary 12.30pm - Chapel	 Grace Notes - Mr Edwards 12.40pm - B3	 Mass/Lectio Divina 12.30pm - Chapel

Notices

January is the month of the Holy Family.

Our prayer station calls for blessings upon our homes and families. Come and add your house number to our prayer wall.

CST Theme

Preferential Option for the Poor

Feast days this week

Saturday 24th January
St Francis de Sales

St Francis insisted that every Christian was called to holiness in their own way, whether they became a monk, sister, priest, married or lived alone.

He also encouraged people to dance and tell jokes as the Church is a living community.

Daily Prayers

Saints

Saint Agnes

Christian Unity

Wednesday
21st January







Today is the Feast Day of St. Agnes

She was just 13 when she died.

Even as a young girl she devoted her life to God, saying that God had called her to Him.

She was quoted to say:
'I am already promised to the Lord of the Universe. He is more splendid than the sun and the stars, and He has said He will never leave me!'



Take a few moments
to reflect on this
image of St. Agnes.

What do you see?

What does this image
make you feel?

Almighty God,

St. Agnes, you believed that Jesus was always with you; help us to remember that he is also with us, and to remain true to his presence. Help us to be proud of our faith, to love it, to be strong in it, and to give witness to it daily. Watch over the children of the world; keep them safe from harm; be with them in their hour of need; and always pray for them.

Amen.



Chaplaincy Notices

This week:

Monday	Tuesday	Wednesday	Friday
 FIAT meet and eat together - 12.40pm - B3	 Rosary 12.30pm - Chapel	 Grace Notes - Mr Edwards 12.40pm - B3	 Mass/Lectio Divina 12.30pm - Chapel

Notices

January is the month of the Holy Family.

Our prayer station calls for blessings upon our homes and families. Come and add your house number to our prayer wall.

CST Theme Preferential Option for the Poor

Feast days this week

Saturday 24th January
St Francis de Sales

St Francis insisted that every Christian was called to holiness in their own way, whether they became a monk, sister, priest, married or lived alone.

He also encouraged people to dance and tell jokes as the Church is a living community.

SMC Daily Prayers

Catholic Social
Teaching
2nd Sunday of Ordinary Time
Christian Unity



Thursday
22nd January



Our Catholic Social Teaching

Theme is:

*Preferential Option
for the Poor*

"Christ bestowed unity on his Church from the beginning. This unity, we believe, subsists in the Catholic Church as something she can never lose, and we hope that it will continue to increase until the end of time."

(Catechism of the Catholic Church no. 820)

Our Catholic Social Teaching

Theme is:

*Preferential Option
for the Poor*

As Christians we are called to follow Jesus and the example he gave us. Jesus founded one Church and gave it unity from its very beginning, not intending for it to be divided. The Catholic Church believes this unity exists within her and something she cannot lose.

Our Catholic Social Teaching

Theme is:

*Preferential Option
for the Poor*

Lord Jesus Christ,

You are the Prince of Peace. Strengthen the bond of peace among us. Let the light of Your love shine in all the dark places of our world, and hasten the day when we all may dwell in peace and unity.

Amen.



Chaplaincy Notices

This week:

Monday	Tuesday	Wednesday	Friday
 FIAT meet and eat together - 12.40pm - B3	 Rosary 12.30pm - Chapel	 Grace Notes - Mr Edwards 12.40pm - B3	 Mass/Lectio Divina 12.30pm - Chapel

Notices

January is the month of the Holy Family.

Our prayer station calls for blessings upon our homes and families. Come and add your house number to our prayer wall.

CST Theme

Preferential Option for the Poor

Feast days this week

Saturday 24th January
St Francis de Sales

St Francis insisted that every Christian was called to holiness in their own way, whether they became a monk, sister, priest, married or lived alone.

He also encouraged people to dance and tell jokes as the Church is a living community.

SMC Daily Prayers

Examen

2nd Sunday of Ordinary Time

Christian Unity

Friday
23rd January





1. Be still.

Allow the busyness of the morning to fade away. Let all noises and distractions depart

2. Give Thanks

Take a moment to think over your week. What were some of the joys you experienced? When did you bring joy to others?

Holy Spirit, we welcome you.

3. Reflect

What did you find difficult this week? When did you not make the best choices or struggle to be kind to others?

5. Hope

Let your heart be filled with Hope as you begin this new journey. What choices can you make going forward?

4. Pray

Allow the peace of the Holy Spirit to rest over you. Ask for courage as you go forward in this new day. Make amends for any times you have not made good choices.



Chaplaincy Notices

This week:

Monday	Tuesday	Wednesday	Friday
 FIAT meet and eat together - 12.40pm - B3	 Rosary 12.30pm - Chapel	 Grace Notes - Mr Edwards 12.40pm - B3	 Mass/Lectio Divina 12.30pm - Chapel

Notices

January is the month of the Holy Family.

Our prayer station calls for blessings upon our homes and families. Come and add your house number to our prayer wall.

CST Theme

Preferential Option for the Poor

Feast days this week

Saturday 24th January
St Francis de Sales

St Francis insisted that every Christian was called to holiness in their own way, whether they became a monk, sister, priest, married or lived alone.

He also encouraged people to dance and tell jokes as the Church is a living community.