

*3<sup>rd</sup> Week of Lent -*

*A time for  
Prayer, Fasting, Giving...*

*Celebration of*

*Prayer Theme -*

*the Word*

*Rejoice!*

**L E N T**

*We begin with  
the sign of the cross...*

*In the name of the  
Father, and of the  
Son and of the  
Holy Spirit.*

**AMEN**



We take a moment to welcome  
stillness and silence...

Allow the distractions and  
anxieties fade into the  
background...

# WE GATHER

Our prayer theme this week is

**Rejoice!**

- I wonder what that means to you...
- I wonder when you rejoice...
- I wonder when your actions help others rejoice...

A wooden cross and a crown of thorns are positioned on a purple background. The cross is made of light-colored wood and is slightly out of focus. The crown of thorns is made of dried, spiky branches and is also slightly out of focus. The text "WE LISTEN TO THE WORD OF GOD" is centered in a dark brown, serif font.

WE LISTEN TO  
THE WORD OF GOD

**L E N T**

## **A reading from the Holy Gospel according to John (9:1-9).**

*As Jesus passed by, he saw a man blind from birth. He spat on the ground and made mud with the saliva. Then he anointed the man's eyes with the mud and said to him, "Go, wash in the pool of Siloam" (which means Sent).*

*So the man went and washed and came back seeing.*

*The neighbours and those who had seen him before as a beggar were saying, "Is this not the man who used to sit and beg?"*

*Some said, "It is he."*

*Others said, "No, but he is like him."*

*He kept saying, "I am the man."*

*They brought to the Pharisees the man who had formerly been blind. Now it was a Sabbath day when Jesus made the mud and opened his eyes. So the*

*Pharisees again asked him how he had received his sight...*

...Some of the Pharisees said, "This man is not from God, for he does not keep the Sabbath." But others said, "How can a man who is a sinner do such signs?"

And there was a division among them...

And they cast the beggar out.

Jesus heard that they had cast him out, and having found him he said,

"Do you believe in the Son of Man?"

He answered, "And who is he, sir, that I may believe in him?"

Jesus said to him, "You have seen him, and it is he who is speaking to you."

He said, "Lord, I believe", and he worshipped him.

*The Gospel of the Lord.*

**Praise to you, Lord Jesus Christ.**

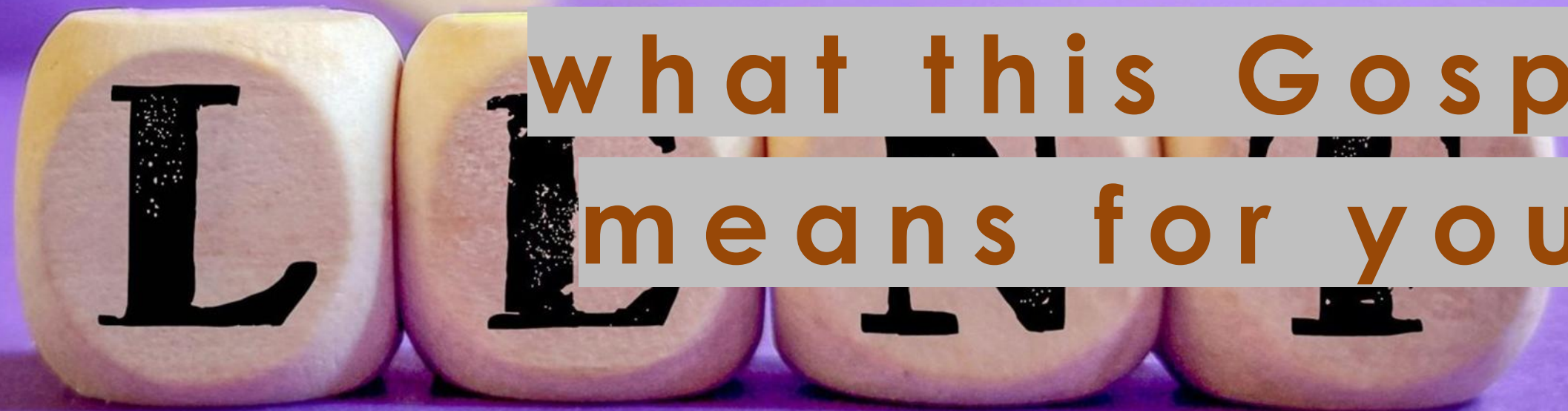
WE RESPOND

Reflect on the  
Gospel today...

Take a moment to build a picture  
of the scene in your mind...



I wonder  
what this Gospel  
means for you...



The Gospel this Sunday tells how Jesus heals a man who was born blind. The people around him do not believe it. They ask many questions and argue about what happened. The Pharisees are upset because Jesus healed on the Sabbath. But the man who was healed believes in Jesus and worships Him.

This Sunday helps us think about spiritual blindness. Some people saw the miracle but still did not believe. Others, like the blind man, could see the truth. Lent is a time to ask Jesus to help us see clearly. We can pray for faith and for open eyes to see God working in our lives.

Lent is a time to grow closer to God and let go of things that keep us in the dark. In this 4th Week of Lent we are invited to open our eyes and trust God to lead us. His ways are full of mercy and light.

We learn about seeing in a new way. God helps us look beyond what is on the outside. We are reminded that God sees people differently than we do. He looks deeper and knows what really matters.

A wooden cross and a crown of thorns are positioned on the left side of the image against a purple background. The cross is made of light-colored wood and is slightly out of focus. The crown of thorns is made of dark, sharp thorns and is also slightly out of focus. The text is overlaid on a semi-transparent white box on the right side of the image.

**Let's look at our own lives...**

**You were once in darkness, but now you  
are in the light of the Lord.**

**Live as children of light,  
exposing darkness,  
and Christ will give you light.**

**During Lent we are called to turn back to God through  
doing three things...**

**PRAYER – spend time with God**

**FASTING – from negative thoughts or actions**

**GIVING – help others, give them joy**

**Take a moment to reflect on how your Lenten journey is going...**



*Let us pray ...*

Lord,

open our eyes to see as you see.

Help us to look beyond appearances and to trust in your purpose.

Lead us out of darkness and into your light.

Give us faith to follow you  
and courage to share your love with others.

Let us rejoice in your mighty works.

**Amen.**

*St Augustine, pray for us.*

*St Cuthbert, pray for us.*

## MISSION

- How will your form support our school Lent Appeals for the Rainbow Centre and the Big Lent Walk for CAFOD?

## PRAYER

## FASTING

## GIVING

What will YOU do...?



We close our time of prayer with the sign of the cross. Jesus thanks you for this gift of the Holy Spirit in the name of the Father, the Son and the Holy Spirit, Amen.





**LENT**