



# Daily Prayers

Monday 1<sup>st</sup> December  
1<sup>st</sup> Week of Advent:  
*Prayer Theme this week – HOPE*

**CST Theme:  
CALL TO FAMILY,  
COMMUNITY AND  
PARTICIPATION**



In the name of the Father, and the Son and the Holy Spirit...



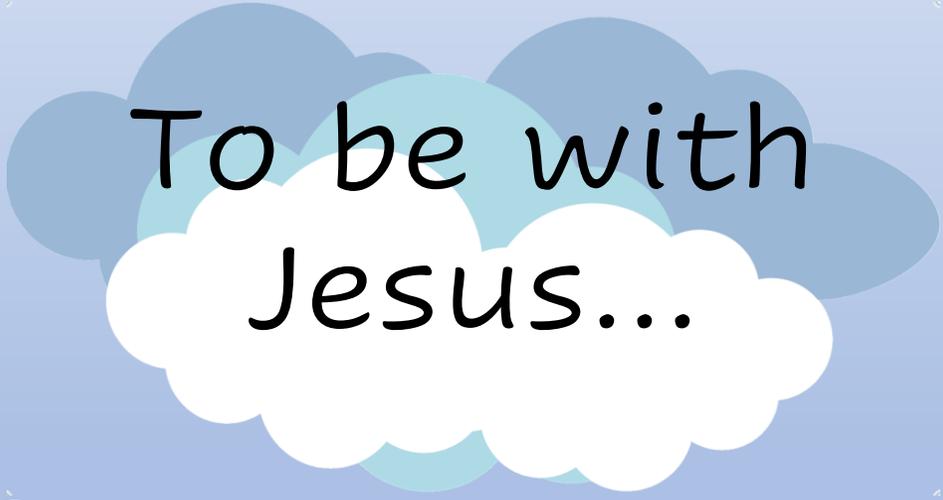
“For the body is not one member, but many.”  
(1 Corinthians 12:14)



Be Still...



Calm your  
mind...



To be with  
Jesus...



Take time...



# Word for the Week

Monday 1<sup>st</sup> December

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## The Gospel – Matthew 24:37-44

Jesus said to his disciples: “As it was in the days of Noah, so it will be at the coming of the Son of Man. In those days before the flood, they were eating and drinking, marrying and giving in marriage, up to the day that Noah entered the ark. They did not know until the flood came and carried them all away.

So will it be also at the coming of the Son of Man.

Two men will be out in the field; one will be taken, and one will be left. Two women will be grinding at the mill; one will be taken, and one will be left.

***Therefore, stay awake!***

***For you do not know on which day your Lord will come.***

**Be sure of this: if the master of the house had known the hour of night when the thief was coming, he would have stayed awake and not let his house be broken into. So too, you also must be prepared, for at an hour you do not expect, the Son of Man will come.”**



## Understanding the Gospel:

The Gospel this Sunday reminds us that Advent is a time of waiting and hope. We look forward to Jesus coming again, and we remember His birth in Bethlehem. Advent reminds us to be ready, not just for Christmas, but for the day when Christ will return. It is a season to **pray, watch, and live in the light of the Lord.**

## Advent Focus

This week is the first week of Advent. Each day in Advent we will have a daily challenge – this might be a **stop and take time to reflect**, to **take action**, to **offer something to God**, or even to **try and make a change**. Look on the extra slide each day of Advent to see your challenge for the day.

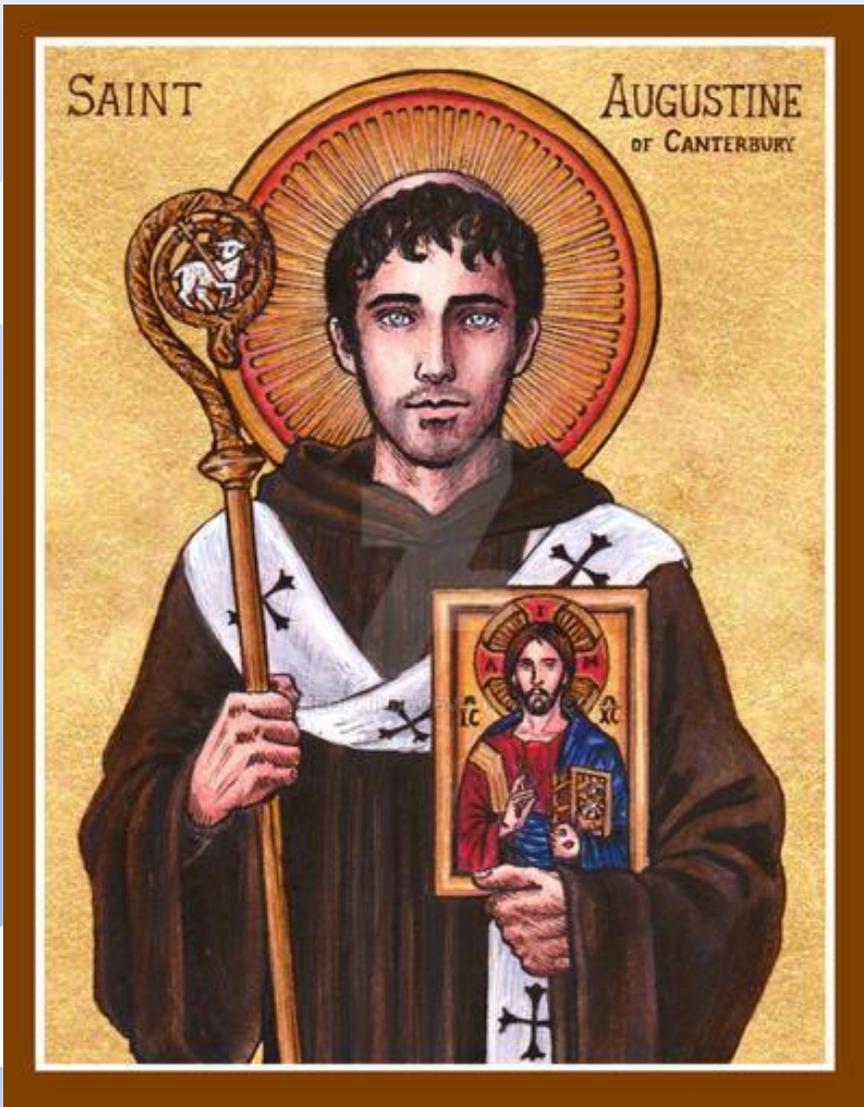


# Word for the Week

Monday 1<sup>st</sup> December

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## Let us pray...



*I wonder... how  
will you get  
ready this  
Advent?*



Almighty God,  
by the preaching of St  
Augustine of Canterbury,  
you led the people of  
England to the gospel.  
Grant, we pray, the grace to  
love and serve through  
Christ.

In imitation of our great  
patron, may we do so in a  
spirit of love, respect, service,  
joy, and responsibility.  
Amen

St. Augustine, pray for us.  
St Cuthbert, pray for us.

# Monday 1<sup>st</sup> December

This week our Advent Challenges are based around caring for our common home.



## Today's Advent Challenge:

**Be prepared! Your challenge today is to be prepared for tomorrow to...**

- Use a refillable water bottle to avoid single use plastics.

**Liturgical year: Advent.**

Light the Advent candle one! Now the waiting has begun!

**BE  
PREPARED!**



We prepare to close  
our time of prayer  
together.



We close our time of  
prayer with the sign of  
the cross  
take this peace  
with us  
In the name of the  
Father, the Son and the  
Holy Spirit, Amen.

# Chaplaincy Notices

## What's on this week?

### Write these in your planner:

- Monday – **Faith in Action Team** – B3 - 12.40pm – bring your lunch – meet and eat! Come and find out what it is all about. ALL ARE WELCOME!
- Tuesday – **Rosary** – 12.30pm – chapel – All welcome.
- Wednesday – **Grace Notes** - Bible Study with Mr Edwards – B3 – 12.40pm
- Friday – **Mass with Father Eddie** - 12.30pm – chapel
- ALL ARE WELCOME!



• DAILY In Advent -  
**CAFOD Advent**  
**Calendar** -  
Chapel – 11.15am

• Catholic Feast days this week

3rd December - St Francis Xavier

6th December - St Nicholas - Patron Saint of children and inspiration for Father Christmas.

• **NEW OPPORTUNITY**

The *Faith in Action Team* is re-starting. Please note the change of date – *FIAT* meet every *Monday* and *Rosary* will be on *Tuesdays*.

• **Every Day in Chaplaincy**

– you are invited to...

- Visit the chapel and spend time in the presence of Jesus / Write a prayer request/

**Daily at Break Time during Advent – CAFOD**

**Advent Calendar Reflection**



# Daily Prayers

Tuesday 2<sup>nd</sup> December  
1<sup>st</sup> Week of Advent:  
*Prayer Theme this week – HOPE*

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In the name of the Father, and the Son and the Holy Spirit...



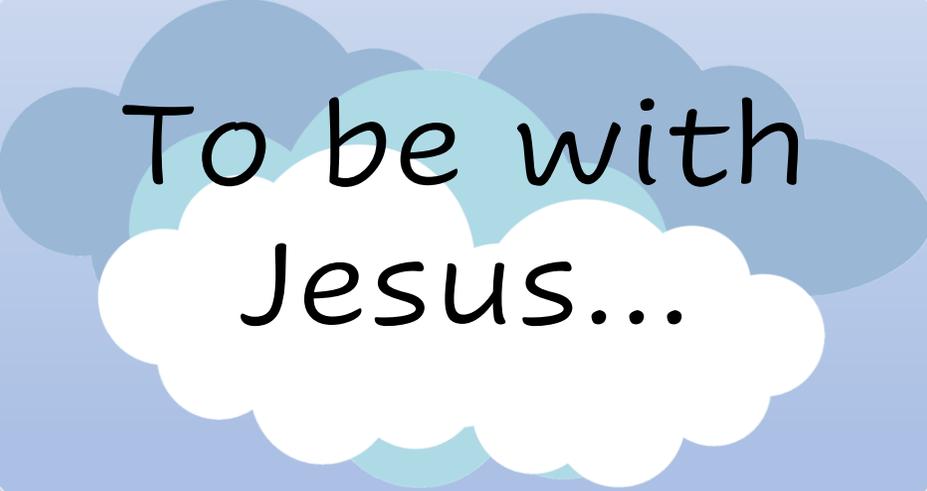
“For the body is not one member, but many.”  
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Be Still...



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mind...



To be with  
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Take time...



# Seasons Tuesday

Tuesday 2<sup>nd</sup> December

1<sup>st</sup> Week of Advent: *HOPE*

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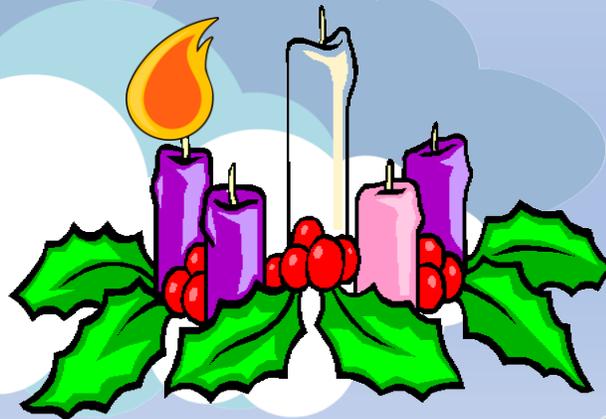
## Advent –

**The beginning of a new Church year – (Year A-Matthew's Gospel)**

Advent begins a new season of hope and preparation. It calls us to stay awake and get ready for Christ. Advent is a time to watch, wait, and live with purpose. We are invited to put aside distractions and open our hearts to God. This season helps us remember that Christ is near, and we must prepare for His coming with faith and hope.

Advent also calls us to live in the light. We are urged to choose peace, kindness, and honesty instead of darkness. It is a time to begin again in faith and to seek God's peace in our lives and in the world. We are invited to slow down, prepare, and walk with hope toward Christ.

**Remember those in need -  
Do your Reverse Advent  
Calendar for the Rainbow  
Centre...**



Let us pray...



**Lord,  
help us to be watchful and  
prayerful,  
to grow in love and holiness,  
and to trust in Your promises.**

**Guide us through this  
Advent season**

**as we prepare our hearts for  
the coming of Jesus.**

**Amen.**

St Augustine, pray for us

St Cuthbert, pray for us.

# Tuesday 2<sup>nd</sup> December

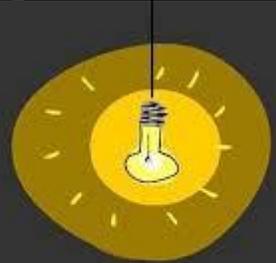
*Laudato si'*



This week our Advent Challenges are based around caring for our common home.

## Today's Advent Challenge:

Don't leave screens / lights / things on when they are not needed. When you go home tonight encourage people to do the same. You can remind your teachers to turn their boards off too at the end of the day!



TURN OFF THAT LIGHT!



**Liturgical year: Advent.**

Light the Advent candle one! Now the waiting has begun!



We prepare to close  
our time of prayer  
together.



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prayer with the sign of  
the cross. Jesus help us to  
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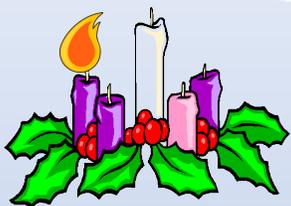
# Daily Prayers

Wednesday 3<sup>rd</sup> December

1<sup>st</sup> Week of Advent:

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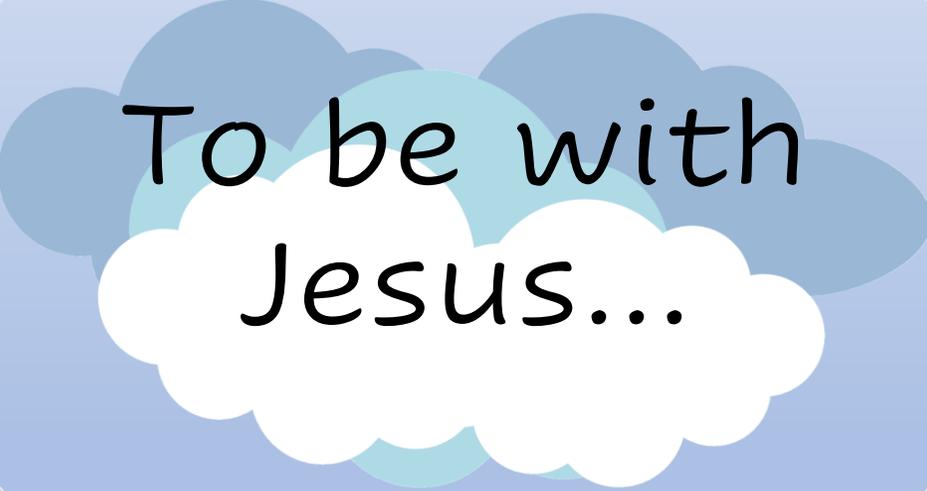
“For the body is not one member, but many.”  
(1 Corinthians 12:14)



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Take time...



# Catholic Social Teaching

Wednesday 3<sup>rd</sup> December  
1<sup>st</sup> Week of Advent: *HOPE*

CST Theme:  
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PARTICIPATION**

Our Catholic Social Teaching theme this half term is –

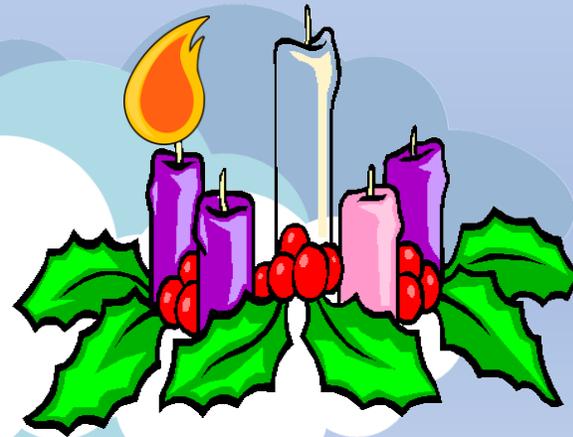
## *Call to Family, Community and Participation.*

- We are social beings and have the right and duty to participate in society and seek together the common good and well-being for all.
- It is wrong for a person or a group to be excluded unfairly or be unable to participate in society.
- “Whenever our interior life becomes caught up in its own interests and concerns, there is no longer a place for others, no place for the poor. God’s voice is no longer heard; the quiet joy of his love is no longer felt; the desire to do good fades” *Pope Francis 2013*

*Let us pray...*



*I wonder how we  
can look beyond our  
own interests during  
Advent...*



*Prayer written by Maja K Y7 CLT Rep*

Dear Lord God,  
Please help us to help others this Advent. Help us not just to think of ourselves but to understand that others’ needs might be greater than ours.

Help us to make this world a better place. We are sorry for the times when we have been selfish; we know this is wrong.

Thank you for Jesus’ selfless act of love and forgiveness on the cross. We hope to become as selfless as Him through our lives and through this week of Advent hope.

We ask this through  
Jesus Christ, our Lord.  
**Amen.**

St Augustine, pray for us.  
St Cuthbert, pray for us.

# Wednesday 3<sup>rd</sup> December



## Today's Advent Challenge:

This week our Advent Challenges are based around caring for our common home.

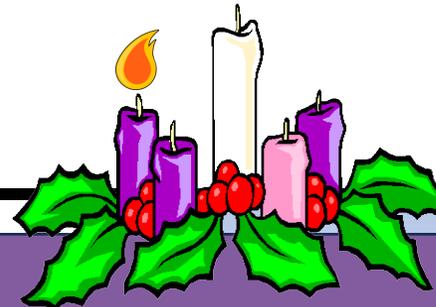
Be proactive!

If you see some litter, pick it up and put it in the bin. Every little helps – do your part.



**Liturgical year: Advent.**

Light the Advent candle one! Now the waiting has begun!



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our time of prayer  
together.



We close our time of  
prayer with the sign of  
the cross. Jesus help us to  
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# Daily Prayers

Thursday 4<sup>th</sup> December  
1<sup>st</sup> Week of Advent:  
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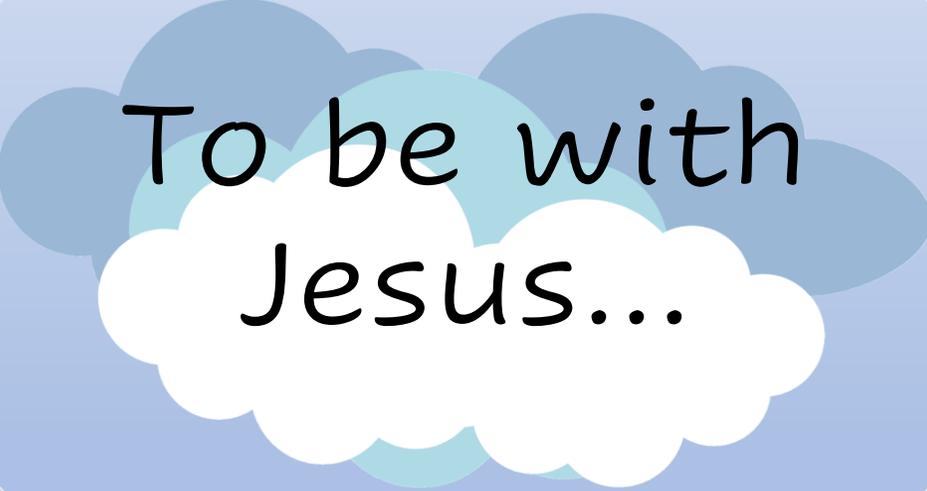
“For the body is not one member, but many.”  
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# Scripture Thursday

Thursday 4<sup>th</sup> December  
1<sup>st</sup> Week of Advent: *HOPE*

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## Scripture of the Week:

Read the scripture →

- Take a moment to let these words from this week's gospel enter your heart...

Read the scripture →

- *I wonder what God is saying to you through these words?*

Read the scripture →

- *I wonder which word you will take with you today?*

*"Therefore, stay awake!*

*For you do not know on which day your Lord will come."*

*Matthew 24:42*



Let us pray...



Glory be to the Father,  
and to the Son  
and to the Holy Spirit.

As it was in the beginning,  
is now and ever shall be,  
world with out end.

Amen.

*St Augustine, pray for us.*  
*St Cuthbert, pray for us.*



# Thursday 4<sup>th</sup> December

*Laudato si'*



This week our Advent Challenges are based around caring for our common home.

## Today's Advent Challenge:

Don't be wasteful!

Make sure you are not wasting paper in your exercise books, don't waste food, water or anything else today!



**Liturgical year: Advent.**

Light the Advent candle one! Now the waiting has begun!



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# Daily Prayers

Friday 5<sup>th</sup> December

1<sup>st</sup> Week of Advent:

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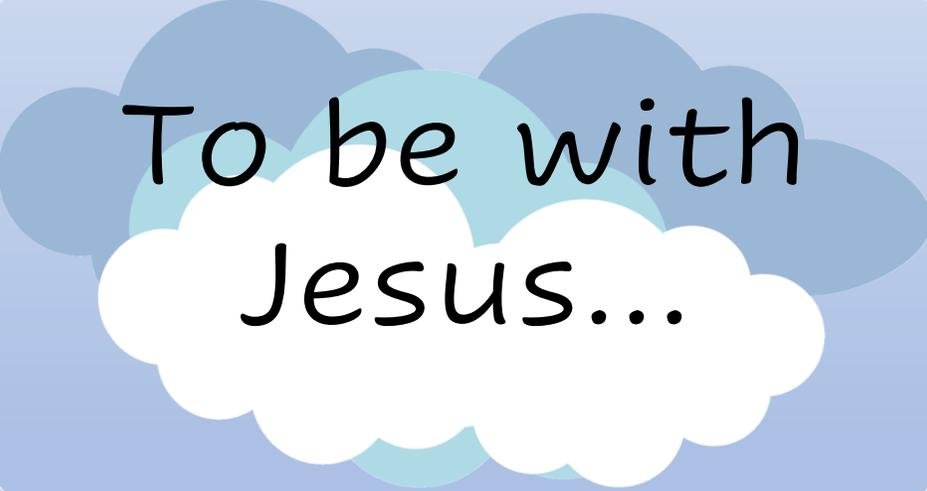
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# Examen Friday

Friday 5<sup>th</sup> December

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**1. Give thanks:** Reflect on those things you are grateful for – families, friendships, being loved.



**2. Ask for light:** ask God to show you where he has been present in your life. What are your hopes and dreams? Tell God about them.



## Prepare



Place your hands together, you can put your head on the desk if you wish! As you listen to the music reflect on the five stages.

**3. Examine the day:** review your week. What have you achieved? What are you proud of?



**4. Seek forgiveness:** ask for forgiveness for the times you have hurt others, or made wrong decisions, poor choices.



**5. Resolve to change:** what are you going to improve on for yourself to be the best you can be?



**Remember  
YOU ARE LOVED!**



# Friday 5<sup>th</sup> December

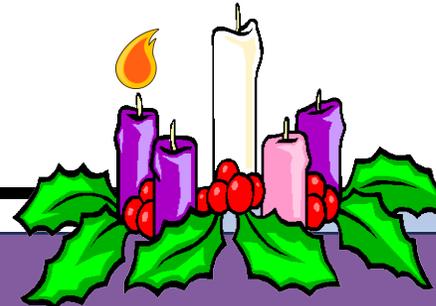
*Laudato si'*



This week our Advent Challenges are based around caring for our common home.

## Today's Advent Challenge:

Could you get crafty and repurpose an old jumper turning it into a festive jumper for Jolly Jumper day next Friday 12<sup>th</sup> December?



**Liturgical year: Advent.**

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